



Open to all

9:00 A.M. - 10:00 A.M. **Opening Keynote Speaker:** Dr John Demartini - One of the Teachers of "The Secret"  
What's the Big Secret?

ROOM A ROOM B ROOM C

Breakout Session 1 10:30 A.M. - 11:30 A.M.	Women Helping Women  Jan Damery	Homeopathy, Naturopathy, Alternative Medicine  Dr. Arden Baker	Big Squeeze  Maureen Osis
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LUNCH BREAK # 1: 11:00 A.M. - 11:45 A.M. Please note lunch #1 will ONLY be served between 11:00 A.M. - 11:45 A.M.

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12:00 A.M. - 1:00 P.M. **Central Keynote Speaker:** Roxanne Joyal - Founding Partner of Free The Children  
Empowering Women

LUNCH BREAK # 2: 1:15 P.M. - 2:00 P.M. Please note lunch #2 will ONLY be served between 1:15 P.M. - 2:00 P.M.

Breakout Session 2 1:30 P.M. - 2:30 P.M.	Riding the wave in an Economic Boom  Allan Frank	Discover the Coach Within - Step up Your Life  Dianne Quinton	Dare to Dream Big  Susie Sparks
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3:00 P.M.- 4:00 P.M. **Closing Keynote Speaker:** Dr Marla Shapiro - Balance...Television for Living Well  
Work-Life Balance